

Army World Class Athlete Program Paralympic Entry Standards

1. The Army World Class Athlete Program (WCAP) supports and guides nationally ranked Soldier-athletes who compete and succeed in the Olympic and Paralympic Games, while maintaining military careers and promoting the U.S. Army to the world. WCAP was established to provide Soldiers of world-class caliber with the opportunity to train full time for national and international sports competitions leading to selection and participation with United States national teams, while maintaining their military specialties. Soldiers selected to participate in the program serve in this assignment at the discretion of the Army and may be released and reassigned from the program at any time based on the needs of the Army.
2. In furtherance of this mission, only Soldier-athletes, who meet the criteria below will be considered for admittance into the program. Any athlete applying to the WCAP who fails to meet the criteria should expect to have their application denied. Furthermore, merely meeting the entrance standard does not guarantee admittance into the program. The standards laid out are the minimum for consideration of a potential applicant.
3. Soldier-athletes who meet the standards below are deemed athletically qualified for entry into the Army WCAP and will be considered for acceptance into the program for the 2020 Summer Paralympic Games Tokyo, Japan or the 2022 Winter Paralympic Games at Beijing, China.

2020 SUMMER PARALYMPIC SPORTS:

ARCHERY:

Must meet the 2016 Para USAT minimum qualifying score for the 72 Arrow Qualification Round in the event for which applying:

<u>Division</u>	<u>720 Round Score</u>
Men's Individual Compound – W1	575+
Men's Individual Compound Open	630+
Men's Individual Recurve Open	560+
Women's Individual Compound – W1	500+
Women's Individual Compound Open	600+
Women's Individual Recurve Open	520+

More information on the sport of Para-Archery can be found at <http://www.teamusa.org/USA-Archery>

BADMINTON:

No specific entry standards. Applicants will be considered based on their past experience in the sport and their potential to be selected to the U.S. Paralympic Team. Recommendations from the National Governing Body and USA Paralympics will be a major consideration in the selection process. More information on the sport of Badminton can be found at <https://www.teamusa.org/usa-badminton/para>

2020 SUMMER PARALYMPIC SPORTS (cont.):

BOCCIA:

No specific entry standards. Applicants will be considered based on their past experience in the sport and their potential to be selected to the U.S. Paralympic Team. Recommendations from the National Governing Body and USA Paralympics will be a major consideration in the selection process. More information on the sport of Boccia can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Boccia.aspx>

CANOE/KAYAK:

No specific entry standards. Applicants will be considered based on their past experience in the sport and their potential to be selected to the U.S. Paralympic Team. Recommendations from the National Governing Body and USA Paralympics will be a major consideration in the selection process. More information on the sport of Canoe/Kayak can be found at <http://www.teamusa.org/Home/USA%20Canoe%20Kayak/Disciplines/Paracanoe>

CYCLING:

Must meet the 2016 U.S. Paralympic Cycling “Talent Pool” standard in at least one event for which applying:

<u>Road Events</u>	<u>Sport Classification</u>	<u>Talent Pool Standard (time per kilometer)</u>
Bicycle TT Men	C1	01:41.17
	C2	01:37.41
	C3	01:32.16
	C4	01:27.53
	C5	01:26.11
Handcycle TT Men	H1	02:59.63
	H2	02:13.89
	H3	01:44.17
	H4	01:43.52
	H5	01:42.34
Tricycle TT Men	T1	02:37.09
	T2	01:56.64
Bicycle TT Women	WC1	01:57.36
	WC2	01:53.00
	WC3	01:46.91
	WC4	01:41.54
	WC5	01:39.90
Handcycle TT Women	WH1	03:28.38
	WH2	02:35.31
	WH3	02:00.84
	WH4	02:00.09
	WH5	01:58.72
Tricycle TT Women	WT1	03:02.23
	WT2	02:15.31

2020 SUMMER PARALYMPIC SPORTS (cont.):

<u>Track Events</u>	<u>Sport Classification</u>	<u>Talent Pool Standard</u>
3km Pursuit Men	C1	04:17.28
	C2	04:04.40
	C3	03:49.22
	C4	05:00.75
	C5	04:53.35
1km TT Men	C1	01:24.03
	C2	01:20.76
	C3	01:14.83
	C4	01:11.66
	C5	01:09.75
3km Pursuit Women	C1	04:59.49
	C2	04:37.52
	C3	04:40.01
	C4	04:21.00
	C5	04:03.83
500m TT Women	C1	00:48.58
	C2	00:47.27
	C3	00:46.68
	C4	00:43.55
	C5	00:40.66

More information on the sport of Para-Cycling can be found at <http://www.teamusa.org/US-Paralympics/Sports/Cycling>

EQUESTRIAN:

No specific entry standards. Applicants will be considered based on their past experience in the sport and their potential to be selected to the U.S. Paralympic Team. Recommendations from the National Governing Body and USA Paralympics will be a major consideration in the selection process. More information on the sport of Equestrian can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Equestrian.aspx>

GOALBALL:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Goalball can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Goalball.aspx>

JUDO:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Judo can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Judo.aspx>

2020 SUMMER PARALYMPIC SPORTS (cont.):

PARATRIATHLON:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Triathlon can be found at

<https://www.teamusa.org/USA-Triathlon/Elite/~link.aspx?id=548C0C070F66483FB97915DA32CE4ADE&z=z>

POWERLIFTING:

Must have achieved the minimum qualifying standard (MQS) for the Paralympic Games at an IPC recognized competition in the weight class for which applying:

<u>Men's Event</u>	<u>MQS</u>
Up to 49.0 kg	105.0 kg
Up to 54.0 kg	115.0 kg
Up to 59.0 kg	125.0 kg
Up to 65.0 kg	135.0 kg
Up to 72.0 kg	142.0 kg
Up to 80.0 kg	150.0 kg
Up to 88.0 kg	157.0 kg
Up to 97.0 kg	165.0 kg
Up to 107.0 kg	172.0 kg
Over 107.0 kg	180.0 kg

<u>Women's Event</u>	<u>MQS</u>
Up to 41.0 kg	57.0 kg
Up to 45.0 kg	60.0 kg
Up to 50.0 kg	62.0 kg
Up to 55.0 kg	65.0 kg
Up to 61.0 kg	67.0 kg
Up to 67.0 kg	70.0 kg
Up to 73.0 kg	72.0 kg
Up to 79.0 kg	77.0 kg
Up to 86.0 kg	82.0 kg
Over 86.0 kg	87.0 kg

More information on the sport of Powerlifting can be found at

<http://www.teamusa.org/Home/US%20Paralympics/Sports/Powerlifting.aspx>

ROWING:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Rowing can be found at

<http://www.teamusa.org/Home/US%20Paralympics/Sports/Rowing.aspx>

2020 SUMMER PARALYMPIC SPORTS (cont.):

SHOOTING:

Must meet the 2016 USA Shooting IPC MQS in at least one event for which applying:

<u>Discipline</u>	<u>Gender</u>	<u>Classification</u>	<u>Qualification Score</u>
10m Air Rifle Standing	Men	SH1	563
10m Air Rifle Standing	Women	SH1	367
10m Air Prone	Mixed	SH1	594
10m Air Standing	Mixed	SH2	590
10m Air Rifle Prone	Mixed	SH2	594
50m Rifle Prone	Mixed	SH1	564
50m Free Rifle 3x40	Men	SH1	1080
50m Sport Rifle 3x20	Women	SH1	530
10m Air Pistol	Men	SH1	545
10m Air Pistol	Women	SH1	347
25m Sport Pistol	Mixed	SH1	540
50m Free Pistol	Mixed	SH1	505

More information on the sport of Shooting can be found at
<http://www.teamusa.org/Home/US%20Paralympics/Sports/Shooting.aspx>

SITTING VOLLEYBALL:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Sitting Volleyball can be found at
<http://www.teamusa.org/Home/US%20Paralympics/Sports/Sitting%20Volleyball.aspx>

SOCCER:

A current member of the U.S. Development or Senior National Team for 5-A-Side; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Soccer can be found at
<http://www.teamusa.org/Home/US%20Paralympics/Sports/Soccer.aspx>

SWIMMING:

Must meet the 2016 "National B Team Standard" in at least one event for which applying for:

<u>Event</u>	<u>Classification</u>	<u>Men's B Team Standard</u>	<u>Women's B Team Standard</u>
50 Free	S3	0:46.05	NA
	S4	0:41.45	0:48.35
	S5	0:35.35	0:39.80
	S6	0:31.55	0:37.90
	S7	0:29.90	0:34.95
	S8	0:27.65	0:33.15
	S9	0:27.25	0:30.75
	S10	0:25.10	0:30.10
	S11	0:27.70	0:33.25

2020 SUMMER PARALYMPIC SPORTS (cont.):

<u>Event</u>	<u>Classification</u>	<u>Men's B Team Standard</u>	<u>Women's B Team Standard</u>	
50 Free	S12	0:25.60	0:29.15	
	S13	0:25.30	0:29.35	
100 Free	S3	1:41.70	2:05.75	
	S4	1:30.05	NA	
	S5	1:19.50	1:26.70	
	S6	1:11.40	1:20.65	
	S7	1:04.60	1:16.25	
	S8	1:01.25	1:11.80	
	S9	0:59.50	1:06.80	
	S10	0:55.40	1:04.65	
	S11	1:02.60	1:13.75	
	S13	0:56.10	1:05.00	
	200 Free	S2	5:13.45	NA
S3		3:48.70	NA	
S4		3:10.70	NA	
S5		2:51.30	3:04.90	
S14		2:05.95	2:21.55	
400 Free	S6	5:27.15	5:50.40	
	S7	5:01.10	5:34.90	
	S8	4:46.60	5:24.85	
	S9	4:31.50	4:57.00	
	S10	4:20.60	4:51.10	
	S11	4:55.80	5:36.30	
50 Back	S13	4:23.70	4:56.10	
	S1	1:37.05	NA	
	S2	1:09.10	1:08.40	
	S3	0:48.80	1:10.35	
	S4	0:49.55	0:57.05	
	S5	0:40.85	0:47.55	
100 Back	S1	3:04.20	NA	
	S2	2:17.40	2:31.80	
	S6	1:19.75	1:33.50	
	S7	1:16.15	1:29.60	
	S8	1:11.75	1:24.20	
	S9	1:06.90	1:15.90	
	S10	1:03.75	1:12.45	
	S11	1:11.65	1:23.90	
	S12	1:04.65	1:13.65	
	S13	1:04.15	1:16.80	
	S14	1:07.75	1:13.00	
	50 Breast	SB2	1:01.45	NA
		SB3	0:52.75	1:12.90
	100 Breast	SB4	1:42.10	2:02.00
SB5		1:41.70	1:56.30	
SB6		1:31.45	1:45.95	
SB7		1:26.75	1:41.85	

2020 SUMMER PARALYMPIC SPORTS (cont.):

<u>Event</u>	<u>Classification</u>	<u>Men's B Team Standard</u>	<u>Women's B Team Standard</u>
100 Breast	SB8	1:14.65	1:26.55
	SB9	1:10.75	1:23.50
	SB11	1:18.15	1:35.75
	SB13	1:10.40	1:25.60
	SB14	1:11.85	1:25.25
50 Fly	S5	0:39.05	0:48.95
	S6	0:33.00	0:41.20
	S7	0:32.30	0:38.30
100 Fly	S8	1:05.10	1:16.95
	S9	1:03.80	1:13.60
	S10	1:00.65	1:12.55
	S11	1:07.95	NA
	S13	0:59.30	1:11.25
150 IM	SM3	3:10.20	NA
	SM4	2:48.25	3:41.15
200IM	SM5	NA	3:39.00
	SM6	2:52.60	3:24.00
	SM7	2:45.05	3:17.40
	SM8	2:34.55	2:57.95
	SM9	2:27.30	2:45.70
	SM10	2:21.50	2:41.65
	SM11	2:35.15	3:07.95
	SM13	2:16.75	2:37.90
SM14	2:27.75	2:43.40	

More information on the sport of Swimming can be found at
<http://www.teamusa.org/Home/US%20Paralympics/Sports/Swimming.aspx>

TABLE TENNIS:

No specific entry standards. Applicants will be considered based on their past experience in the sport and their potential to be selected to the U.S. Paralympic Team. Recommendations from the National Governing Body and USA Paralympics will be a major consideration in the selection process. More information on the sport of Table Tennis can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Table%20Tennis.aspx>

TAEKWONDO:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Taekwondo can be found at
<https://www.teamusa.org/USA-Taekwondo>

2020 SUMMER PARALYMPIC SPORTS (cont.):

TRACK & FIELD:

Must meet the 2016 “National Team B Standard” in at least one event for which applying:

<u>Event</u>	<u>Classification</u>	<u>Men’s B Team Standard</u>	<u>Women’s B Team Standard</u>
100m	T11	0:11.50	0:12.75
	T12	0:11.16	0:12.34
	T13	0:11.34	0:12.81
	T33	0:19.06	0:19.01
	T34	0:16.03	0:19.01
	T35	0:13.33	0:16.75
	100m	T36	0:12.47
T37		0:11.78	0:14.36
T38		0:11.74	0:13.35
T42		0:12.72	0:16.33
T43		0:11.25	0:13.70
T44		0:11.25	0:13.70
T45		0:11.12	0:13.13
T46		0:11.12	0:13.13
T47		0:11.12	0:13.13
T51		0:22.03	0:21.15
T52		0:18.02	0:21.15
T53		0:15.38	0:17.55
T54		0:14.30	0:16.78
200m		T11	0:23.46
	T12	0:22.58	0:26.01
	T13	0:23.10	0:26.66
	T33	0:28.50	NA
	T34	0:28.50	0:34.00
	T35	0:27.18	0:35.00
	T36	0:26.09	0:31.75
	T37	0:23.67	0:30.20
	T38	0:24.00	0:28.74
	T42	0:26.42	NA
	T43	0:22.59	0:28.75
	T44	0:22.59	0:28.75
	T45	0:22.58	0:27.08
	T46	0:22.58	0:27.08
	T47	0:22.58	0:27.08
	T51	NA	0:39.04
	T52	0:32.45	0:39.04
	T53	0:27.17	0:30.35
	T54	0:25.09	0:29.87
	400m	T11	0:54.00
T12		0:50.85	1:00.30
T13		0:50.30	0:59.80
T20		0:50.67	1:02.30

2020 SUMMER PARALYMPIC SPORTS (cont.):

<u>Event</u>	<u>Classification</u>	<u>Men's B Team Standard</u>	<u>Women's B Team Standard</u>
	T33	0:55.69	NA
	T34	0:55.69	NA
	T36	0:56.50	NA
	T37	0:54.00	1:08.16
	T38	0:53.50	1:05.59
	T43	0:52.75	1:05.60
	T44	0:52.75	1:05.60
	T45	0:50.10	1:03.00
	T46	0:50.10	1:03.00
	T47	0:50.10	1:03.00
400m	T51	1:26.39	1:18.50
	T52	1:03.05	1:18.50
	T53	0:50.40	0:57.77
	T54	0:48.00	0:57.51
800m	T11	NA	2:25.17
	T12	NA	2:25.17
800m	T13	1:58.00	NA
	T33	1:50.73	2:12.99
	T34	1:50.73	2:12.99
	T36	2:18.04	NA
	T37	2:11.70	NA
	T38	2:14.72	NA
	T52	1:42.00	1:55.10
	T53	1:42.00	1:55.10
	T54	1:36.60	1:50.87
1500m	T11	4:19.00	5:35.00
	T12	4:04.00	5:10.00
	T13	4:04.00	5:10.00
	T20	4:00.08	4:50.03
	T37	4:23.05	NA
	T38	4:22.50	NA
	T45	4:09.00	5:06.00
	T46	4:09.00	5:06.00
	T51	4:00.15	NA
	T53	3:02.50	3:27.50
	T54	3:02.50	3:27.50
5000m	T11	16:11.00	NA
	T12	15:16.00	NA
	T13	15:16.00	NA
	T53	10:21.00	12:05.00
	T54	10:21.00	12:05.00
Marathon	T11	2:39:50.00	3:22:00.00
	T12	2:39:50.00	3:22:00.00
	T42	2:50:00.00	NA
	T43	2:50:00.00	NA
	T44	2:50:00.00	NA

2020 SUMMER PARALYMPIC SPORTS (cont.):

<u>Event</u>	<u>Classification</u>	<u>Men's B Team Standard</u>	<u>Women's B Team Standard</u>
	T45	2:41:10.00	3:22:00.00
	T46	2:41:10.00	3:22:00.00
	T51	NA	2:30:00.00
	T52	1:25:00.00	2:30:00.00
	T53	1:25:00.00	1:49:00.00
	T54	NA	1:49:00.00
Long Jump	F11	6.07m	4.44m
	F12	6.74m	5.19m
	F13	6.55m	NA
	F20	6.68m	5.10m
Long Jump	F36	5.21m	NA
	F37	5.71m	4.31m
	F38	5.50m	4.26m
	F42	5.55m	3.55m
	F43	6.23m	4.88m
	F44	6.23m	4.88m
	F45	6.64m	4.99m
	F46	6.64m	4.99m
	F47	6.64m	4.99m
Triple Jump	F46	13.58m	NA
	F47	13.58m	NA
High Jump	F12	1.80m	NA
	F42	1.68m	NA
	F43	1.94m	NA
	F44	1.94m	NA
	F45	1.81m	NA
	F46	1.81m	NA
	F47	1.81m	NA
Discus	F11	35.87m	26.00m
	F12	44.31m	36.87m
	F33	35.77m	NA
	F34	35.77m	NA
	F36	49.59m	NA
	F37	49.59m	29.12m
	F38	NA	29.12m
	F40	NA	21.30m
	F41	NA	21.30m
	F42	41.30m	NA
	F43	51.00m	27.10m
	F44	51.00m	27.10m
	F46	46.38m	NA
	F51	16.50m	8.00m
	F52	16.50m	8.00m
	F53	20.00m	NA
	F54	36.37m	18.15m
	F55	36.37m	18.15m

2020 SUMMER PARALYMPIC SPORTS (cont.):

<u>Event</u>	<u>Classification</u>	<u>Men's B Team Standard</u>	<u>Women's B Team Standard</u>
Javelin	F56	36.37m	28.00m
	F57	41.72m	28.00m
	F11	40.00m	16.60m
	F12	54.19m	34.45m
	F13	56.51m	34.45m
	F33	31.32m	NA
	F34	31.32m	16.76m
	F37	43.11m	28.00m
	F38	44.40m	26.48m
	F40	35.50m	NA
Javelin	F41	35.50m	NA
	F42	47.61m	NA
	F43	50.63m	NA
	F44	50.63m	NA
	F45	48.25m	30.50m
	F46	48.25m	30.50m
	F47	48.25m	30.50m
	F53	24.72m	15.00m
	F54	24.72m	15.00m
	F55	23.53m	16.35m
Shot Put	F56	37.99m	16.35m
	F57	37.99m	17.77m
	F11	14.39m	11.76m
	F12	14.39m	11.76m
	F20	14.24m	12.00m
	F32	7.95m	4.86m
	F33	10.00m	4.50m
	F34	10.05m	6.98m
	F35	12.42m	8.75m
	F36	11.86m	8.90m
Club	F37	13.75m	9.95m
	F38	11.50m	9.95m
	F40	7.04m	4.50m
	F41	11.42m	6.60m
	F42	12.60m	NA
	F43	NA	10.00m
	F44	14.57m	10.00m
	F46	14.20m	NA
	F53	7.50m	3.95m
	F54	10.88m	6.22m
Club	F55	10.88m	7.16m
	F56	12.35m	9.95m
	F57	12.35m	9.95m
	F31	31.02m	19.10m
	F32	31.02m	19.10m
	F51	24.04m	14.60m

2020 SUMMER PARALYMPIC SPORTS (cont.):

More information on the sport of Track & Field can be found at <http://www.teamusa.org/US-Paralympics/Sports/Track-and-Field>

WHEELCHAIR BASKETBALL:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Wheelchair Basketball can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Wheelchair%20Basketball.aspx>

WHEELCHAIR FENCING:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Wheelchair Fencing can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Fencing.aspx>

WHEELCHAIR RUGBY:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Wheelchair Rugby can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Wheelchair%20Rugby.aspx>

WHEELCHAIR TENNIS:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Wheelchair Tennis can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Wheelchair%20Tennis.aspx>

2022 WINTER PARALYMPIC SPORTS:

ALPINE SKIING:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Alpine Skiing can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Alpine%20Skiing.aspx>

NORDIC SKIING:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Nordic Skiing can be found at <http://www.teamusa.org/Home/US%20Paralympics/Sports/Nordic%20Skiing.aspx>

SLEDGE HOCKEY:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Sledge Hockey can be found at <http://www.teamusa.org/US-Paralympics/Sports/Sled-Hockey>

2022 WINTER PARALYMPIC SPORTS (cont.):

SNOWBOARDING:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Snowboarding can be found at

<http://www.teamusa.org/US-Paralympics/Sports/Snowboarding>

WHEELCHAIR CURLING:

A current member of the U.S. Development or Senior National Team; by-name selection must be made by the U.S. Senior National Team Coach. More information on the sport of Snowboarding can be found at

<http://www.teamusa.org/US-Paralympics/Sports/Curling>

4. If you are interested and think that you may qualify for the WCAP, submit your application according to the instructions located at <http://www.thearmywcap.com/>