

MWR GO

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Wiesbaden Family and Morale, Welfare and Recreation



Expand your horizons with Family and MWR

Recognizing volunteers

U.S. Army Garrison Wiesbaden hosts the Volunteer of the Year Recognition Ceremony on May 19 at 6 p.m. at the Community Activity Center (Little Italy) on Clay Kaserne. Call Army Community Service at civ (0611) 143-548-9201 for more information.

Pool Tournament

Kick off the four-day Memorial Day Weekend with an exciting Pool Tournament at the Wiesbaden Entertainment Center Lounge on May 26 starting at 6 p.m. Win cash prizes of up to \$100. Registration costs \$20 and opens at 4 p.m. on the day of the tournament.

Fishing Course

Learn what you need to know to purchase your German Fishing License during Outdoor Recreation's U.S. Forces German Fishing Course May 5-8. Cost is \$75 for adults ages 16 and up; \$25 for ages 10-15. Register at Outdoor Recreation on Clay North or call civ (0611) 143-548-9801.

Spouse Appreciation Day Discount at Auto Skills

The Wiesbaden Automotive Skills Center pays tribute to military spouses on Spouse Appreciation Day, May 6, with a \$5 discount for oil change services. Call civ (0611) 143-548-9817.

Normandy/Mont St. Michel

Explore the scenic wonder of Mont St. Michel and visit World War II landing beaches during Outdoor Recreation's trip to Normandy May 26-30. Cost is \$499 for adults; \$469 for children ages 15 and under. Call civ (0611) 143-548-9801.

Mother's Day Specials

The Wiesbaden Entertainment Center invites Moms to **bow** for free on Mother's Day, May 8. Meanwhile at the Automotive Skills Center, **Moms get a \$5 discount for oil change services** (by

appointment only — call civ 0611-143-548-9817).

Frankfurt by Train

Visit the most international city in Germany with Army Community Service's Relocation Readiness Program on May 12. This walking and train tour to Frankfurt takes participants to the largest financial center on the continent — a cultural and shopping mecca. Bring Euros for public transportation and any personal purchases. Call civ (0611) 143-548-9201 to register.

Skydiving with Outdoor Rec

Get your adrenaline pumping during a tandem jump with the skydiving experts in Bitburg on May 14. Cost is \$299 including the tandem jump and round-trip transportation. Register by April 28 at Outdoor Recreation on Clay North — or call civ (0611) 143-548-9801.

Four-Person Scramble

Earn prizes for Gross and Net scores during a Four-Person Scramble on May 14 at the Rheinblick Golf Course. Cost is



Join Outdoor Recreation for a trip to Normandy and Mont. St. Michel May 26-30.

\$25 for club members; \$25 plus applicable greens fees for all others. Call civ (0611) 143-548-5485.

Memorial Day Murph

Compete in a two one-mile runs, 100 pull-ups, 200 push-ups and 300 air squats during the Memorial Day Murph (honoring fallen Navy SEAL Lt. Michael P. Murphy) on May 21 starting at 10 a.m. Stop by the Fitness Center or call civ (0611) 143-548-9830 for details.

EBiking in the Netherlands

Enjoy a relaxing day biking on the historic backroads of Limburg and Maastricht during this Outdoor Recreation adventure on May 21-22. Cost is \$339 including round-trip transportation and e-bike use. Bring extra Euros for meals and personal purchases. Call civ (0611) 143-548-9801 to register.

Paintball Play Day

Wiesbaden Outdoor Recreation hosts an Open Paintball Play Day on May 14 from 10 a.m. to 3 p.m. Minimum age is 10. Cost is \$25 per person including marker, air, mask and field fees. Only field paint is permitted. Call civ (0611) 143-548-9801 for details.

Now Open
Clay Kaserne's Healthy and Fresh Quick Food Option



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Located Next to the Fitness Center
On Clay Kaserne
Mon-Fri: 9 a.m. to 3 p.m.
Order Online and Pickup Option



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