



**SOLDIER AND FAMILY READINESS GROUP**

# **REAL: Readiness Essentials for Army Leaders**

**SOLDIER and FAMILY READINESS GROUP (SFRG)  
FOUNDATIONS TRAINING**



**ENGAGING • CONNECTING • EMPOWERING**

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- ❖ Mobilization and Deployment Specialists can answer questions and sign personnel up for classes.
- ❖ Mobilization Specialist can schedule Real training, Pre-deployment, Reset briefs and CARE team training.

A faint, light-colored world map is visible in the background of the slide, centered behind the title.

# Objectives

- Define the mission and role of the Soldier and Family Readiness Group (SFRG) within the Family Readiness System (FRS)
- Define the roles and responsibilities of all SFRG team members
- Identify the purpose, activities and end state of an SFRG
- Identify regulations, policies, and instructional guidance on SFRG operations

# What is Family Readiness

Family Readiness is the state of being prepared to effectively navigate the challenges of daily living experienced in the unique context of military service. Ready individuals and Families are knowledgeable about the potential challenges; aware of the supportive resources available to them; and make use of the skills and supports in managing such challenges.



# What is Army Family Readiness?

“The Army places a high value on both military and personal preparedness. Commanders have an obligation to provide assistance to establish and maintain personal and Family affairs readiness.”

“Family Readiness is the mutual reinforcement provided to Soldiers, civilian employees, retirees (regardless of marital status) and their Family members - both immediate and extended.”

# Soldier's Responsibilities

**Soldiers bear primary responsibility for their Family and personal affairs readiness**

At a minimum Soldiers:

- Must arrange for the care of their Family members.
- Will be informed of, support and participate in programs, services and activities designed to enhance the quality of life of themselves and their Families.



# SFRG Mission

- **Act** as an extension of the unit in providing official, accurate command information
- **Provide** mutual support between the command and the SFRG membership
- **Advocate** efficient use of available community resources
- **Help** Families solve problems at the lowest level



# Support Activities

## MISSION ESSENTIAL

- Conduct SFRG member meetings
- Staff and committee meetings
- Publication and distribution of SFRG newsletters
- Maintenance of updated Family rosters and Family readiness information
- Establishment of SFRG member telephone trees and e-mail distribution lists
- Scheduling educational briefings for SFRG

## NON-MISSION ESSENTIAL

- Social events
- Fundraising





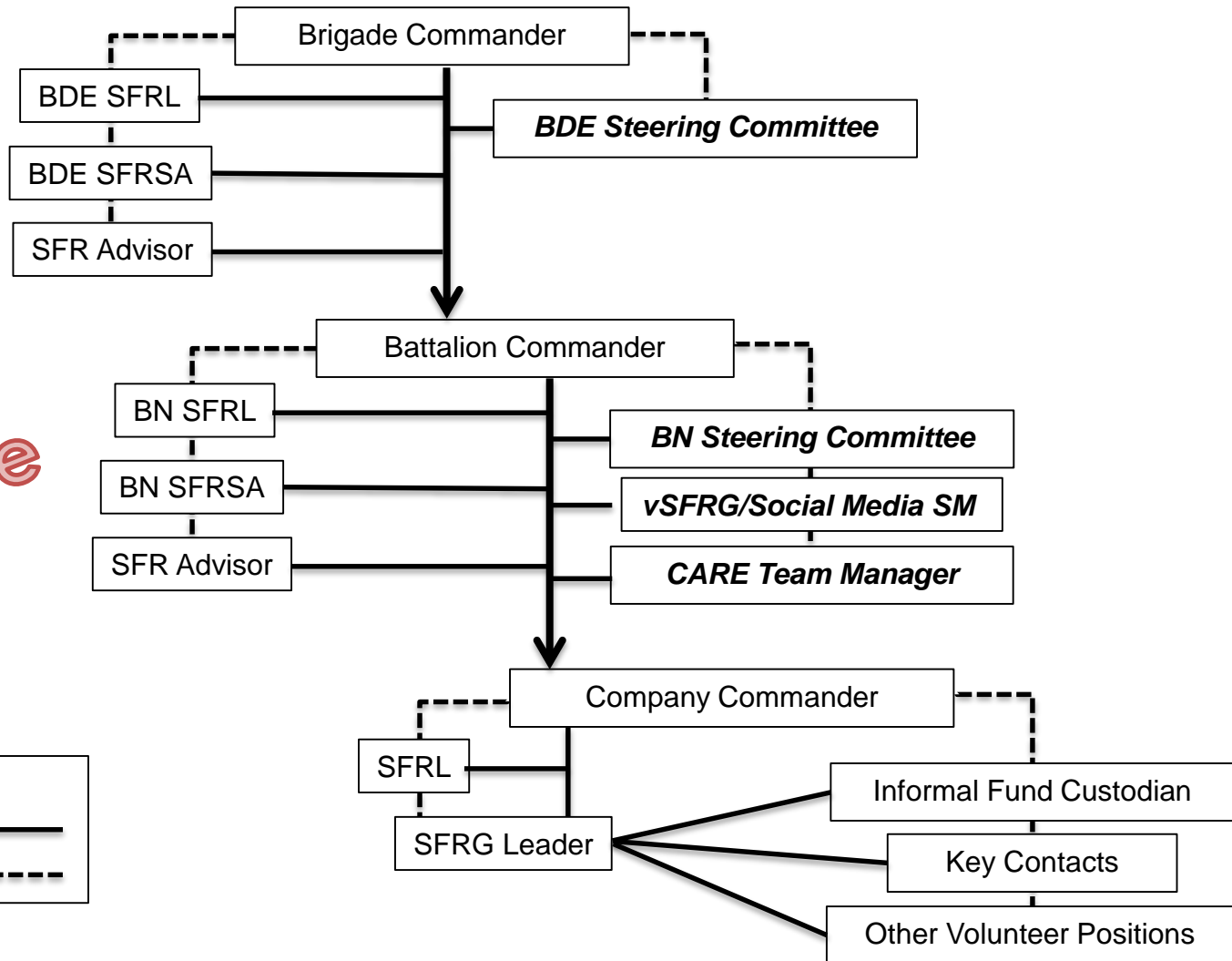


# FRG End State

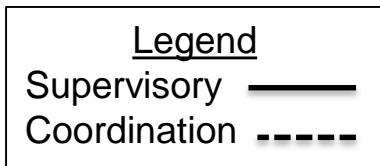
- Self-reliant and resilient Soldiers and Families
- Single point of contact in the unit for SFRG members
- Network of communication between the Unit, Families, and Command
- Mitigation of potential risks
- Enhanced Soldier and Family Readiness

**Soldier Readiness + Family Readiness =  
Unit Readiness**

# Family Readiness Team



**SAMPLE  
Structure**



# **BDE/BN Responsibilities**

## **Provide overall guidance and goals for Family Readiness Program**

- Provide SFRG guidance to company command teams
- Conduct staff and committee meetings as needed
- Support and encourage SFRG membership
- Supervise BDE/BN SFRL and SFRSA
- Establish and maintain a volunteer recognition and awards program
- Budget for mission essential activities
- Review company informal fund accounts

# **Soldier and Family Readiness Support Assistant (SFRSA) Responsibilities**

- Provide unit Family Readiness administrative and logistical support services
- Coordinate training through local community resources
- Attend prescribed/required training

NOTE: Requirements vary by component, position description and/or status (DA Civilian or Contract Staff)

# Family Readiness Advisor Responsibilities



- Acts as an advisor to command team on SFRG matters
- Provides mentorship and guidance to SFRG Leaders and volunteers
- May serve on BDE or BN steering committees
- Serve as a two-way information conduit at all levels

A light gray world map with a grid of latitude and longitude lines is visible in the background. The map is centered on the Atlantic Ocean, showing the Americas on the left and Europe and Africa on the right.

# **Company Command Team**

# Command Team Responsibilities

## **Provide overall guidance and goals for SFRG**

- Ensure that the SFRG appeals to all service members, civilians, and Family members (SFRG membership)
- Establish and develop a unit level Family Readiness Plan
- Maintain command and control of SFRG activities
- Appoint SFRL and SFRG volunteers in writing
- Provide administrative and logistical support and guidance to SFRL and SFRG volunteers
- Establish and maintain a volunteer recognition and awards program
- Budget for mission essential activities
- Authorize and review informal fund account statements
- Promote maximum SFRG membership participation





**Company  
Command Team**

**SFRL**

# Soldier and Family Readiness Liaison (SFRL) Responsibilities

- Provide **operational** (primary advisor to the SFRG on all military matters), **administrative** (ensure SFRG rosters are up to date) and **logistical** support (coordinate volunteer training) to the SFRG Leadership
- Monitor and maintain oversight of the Command Family Readiness Program

**SFRL DUTIES ARE ASSIGNED BY THE  
COMMANDER**

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graph TD; A[Company Command Team] --- B[SFRL]; A --- C[SFRG Leader]; B --- C;
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**Company  
Command Team**

**SFRL**

**SFRG  
Leader**

# SFRG Leader Responsibilities

## **Serve as the champion of the SFRG membership:**

- Support the command team's Family readiness goals
- Maintain open communication and relationship with unit leadership, SFRL, SFRSA and Soldier and Family Readiness Advisor
- Complete mission essential tasks as outlined
- Work with command team to plan and execute SFRG activities
- Ensure SFRG maintains communication with SFRG membership and provide information, resources and referrals
- Attend required Family Readiness training and meetings
- Complete required volunteer registration and administrative tasks
- Recruit and work with SFRG volunteers

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graph TD; A[Company Command Team] --- B[SFRL]; A --- C[SFRG Leader]; B --- D[Key Contact]; C --- D;
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**Company  
Command Team**

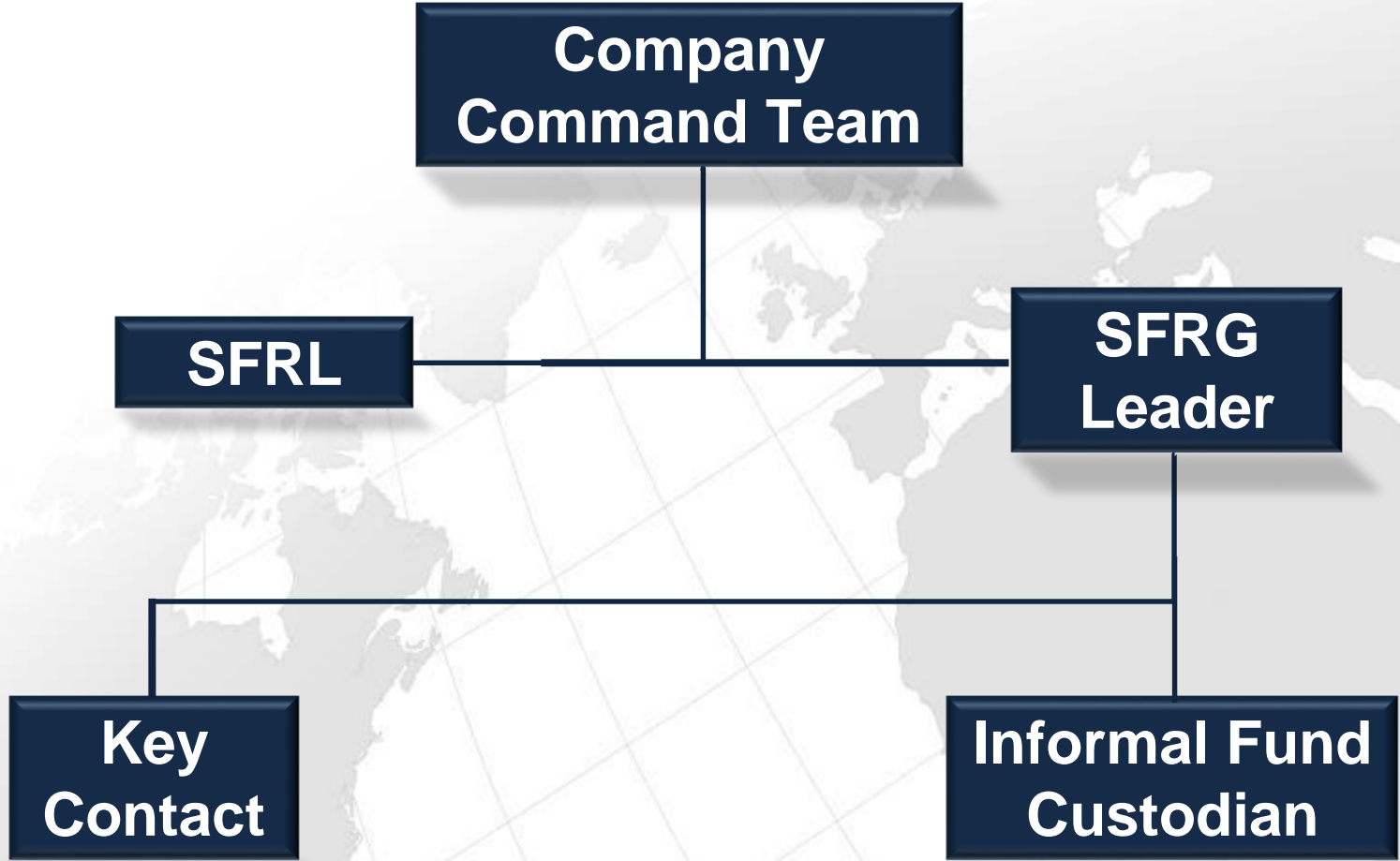
**SFRL**

**SFRG  
Leader**

**Key  
Contact**

# Key Contact Responsibilities

- **Accurately** relays information to and from Command in a **timely** manner to assigned Families
- Fields calls and assists Families with elevating concerns and providing referrals as necessary; reports all serious matters to the Chain of Command
- Build trust allowing Family members to communicate openly
- Maintains privacy and confidentiality at all times
- Attend required training

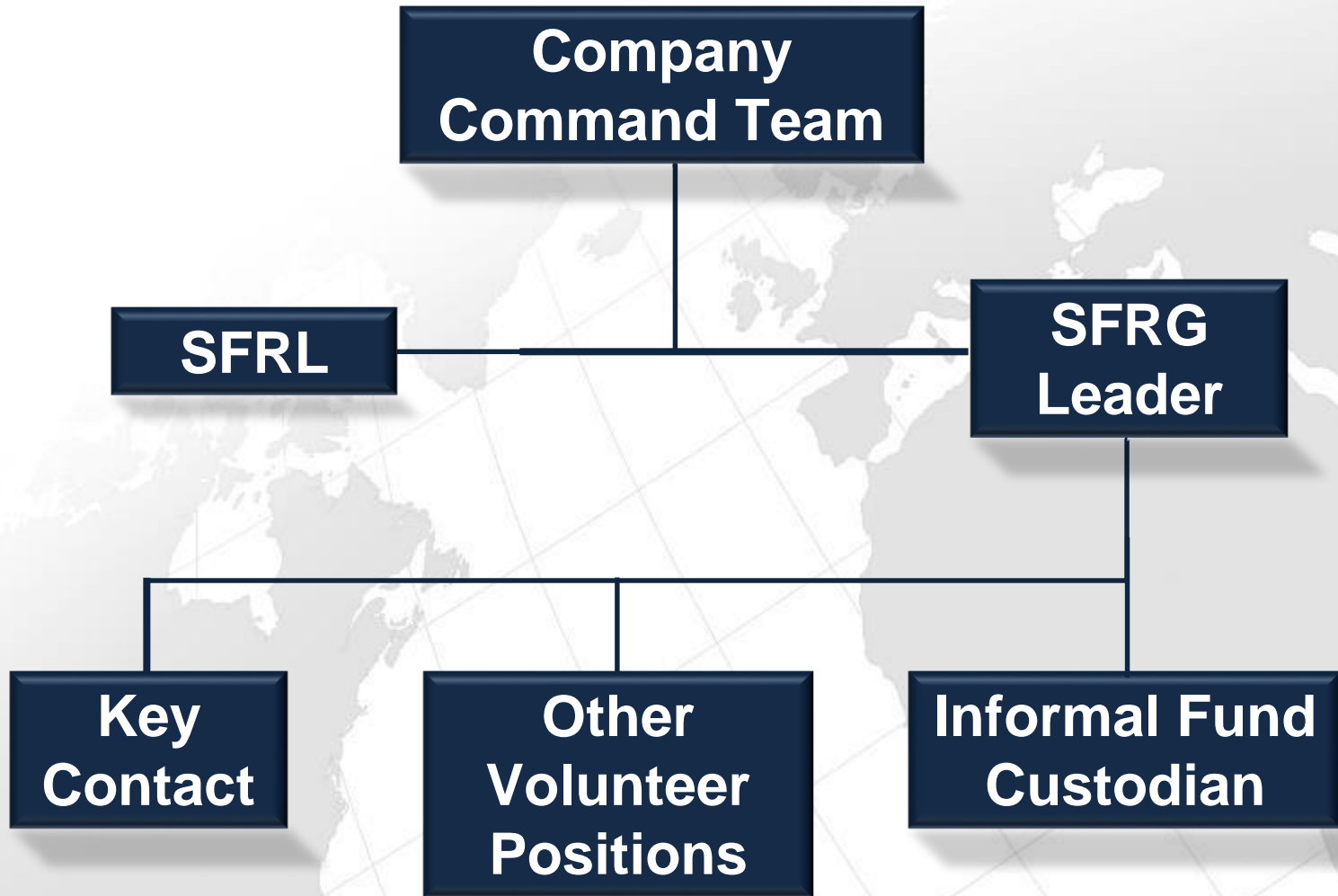




# Informal Fund Custodian Responsibilities

- Assist command with establishing (non interest bearing) bank account and obtain access to the account
- Write and sign checks for SFRG approved expenditures and reimburse pre-approved purchases
- Maintain all documentation (authorized spending plan, ledgers, checks, receipts, annual reports, etc.)
- Prepare informal fund report for review
- Ensure the SFRG informal fund SOP is written and approved by current commander
- Complete required documents to volunteer within the unit

**Fundraising is NOT a mission essential function of the SFRG**



# SFRGs Are Not...

- **A strictly social group**
- **For deployment only**
- **Childcare provider**
- **Long term problem solvers**
- **Part of casualty notification process**
- **Fundraisers for unit entities**
- **Lending institution**

# Guidance

## DoDIs/Regulations/Policies

- Department of Defense Instruction 1342.22
- Army Regulation 600-20
- Army Regulation 608-1, Appendix J
- CNGBI 1800.02
- CAM Reg 608-5
- Army Directive 2019-17, supersedes Army Regulation 608, Appendix J
- State and Local Policies

## Resources

- R.E.A.L. Smart Book
- R.E.A.L. Training
- Component Training



Department of Defense  
**INSTRUCTION**



Department of the Army  
**REGULATION**

# Army Community Service Core Programs

## ACS Readiness Programs

- Financial Readiness
- Army Emergency Relief
- Relocation Readiness Program
- Mobilization, Deployment & Stability Support Operations

## Family Advocacy Program

- Victim Advocacy
- New Parent Support
- Transitional Compensation
- SHARP Transition Assist to G-1

## Support for Wounded & Survivors

- Survivor Outreach Services
- Soldier Family Assistance Centers

## Information, Referral & Follow-Up

## Exceptional Family Member Program

## Volunteer Programs

- Army Volunteer Corps
- Army Family Team Building
- Army Family Action Plan



# Local Resources

## **Fort Campbell**

<http://ww.campbell.army.mil/Pages/Default.aspx>

## **MWR**

<http://www.campbell.armymwr.com>

<http://campbell.armymwr.com/programs/information-exchange>

## **ACS**

<https://www.facebook.com/FortCampbellACS>

## **BACH**

<http://www.blanchfield.amedd.army.mil/>

<https://www.facebook.com/BACH.FortCampbell>

## **USO**

<https://ww.facebook.com/USOFortCampbell>

## **Fort Campbell Schools**

<http://am.dodea.edu/campbell>

# Community Resources



*Organizations listed are nonprofit non-federal entities and not part of the Department of Defense or any of its components and have no government status. Listing them does not express or imply endorsement.*



# Web Based Resources



[www.militaryonesource.com](http://www.militaryonesource.com)



<https://msepjobs.militaryonesource.mil/msep>



[www.myarmyonesource.com](http://www.myarmyonesource.com)



<https://www.whitehouse.gov/joiningforces>



[www.esgr.mil/](http://www.esgr.mil/)



<https://www.jointservicesupport.org/>

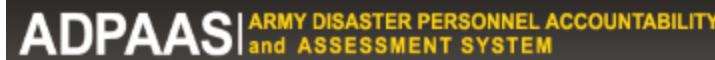


<http://www.arfp.org/>



[www.yellowribbon.mil](http://www.yellowribbon.mil)

# Military Resources



# Did We Meet The Objectives

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**Soldier Readiness**

**+**

**Family Readiness**

**=**

**Unit Readiness**





# Questions