

Keep up to date with local events and deals with the



PASS IT ON COMMUNITY NEWSLETTER

Our mission at ACS is to prepare and empower our Total Military Family to meet the challenges of military life by providing essential programs, resources, and services that enhance knowledge, life skills, well-being, quality of life, and retention.



05 May 2021

Give us a call at (719) 526-4590

Visit our webpage at: carson.army.mil/ACS

The "Pass It On" is available online at:

<https://carson.armymwr.com/programs/community-information-newsletter-pass-it>

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Army Emergency Relief



AER is your tool in times of need. Talk to your chain of command or local AER Officer if you need help.

Stand with your squad and make a small monthly gift to the Army's own charity.

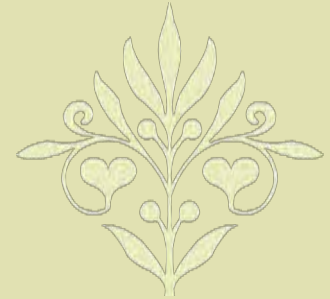
Donate today

<https://give.armyemergencyrelief.org/FTCARSON>

www.carson.army.mil/acs

Search: Army Emergency Relief

For more information, call (719)526-4783



The Army's 79th Annual AER Campaign only has 1.5 weeks left!

AER can triple your donation!

A \$5 donation equals \$15 in Soldier support!



To donate now, **CLICK HERE!**

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Specker Avenue Road Construction

Work to construct a right turn lane from Specker Avenue on to Titus Boulevard is slated for April 26-July 21. (Dates are subject to change) Trail access on the corner will be closed for the duration of the project. Alternate trail access must be used. To view a map of the construction location, click on the attachment [HERE](#)

ATV Course Closed

REMINDER: The USAG Fort Carson DFMWR sponsored All-Terrain Vehicle Course near Gate 20 is closed and has been turned over to the 4th Infantry Division to use as a military training area. Privately owned and operated ATVs are no longer authorized in this area.

Heating to Cooling

The Directorate of Public Works (DPW) operations and maintenance contractor begins the transition from heating to cooling season during the month of May, which includes turning off heating and preparing buildings for cooling. The process to turn off heating and prepare cooling systems for the summer takes about four weeks and is completed based on facility type. Often during this time of year, temperatures fluctuate greatly. Regardless of how well the DPW plans, weather on a particular day may make the indoor air less than comfortable during this transition period. The DPW staff appreciates customer patience as the seasonal transition takes place. The following is a tentative schedule for shutting down and isolating heating systems to prepare for the upcoming cooling season. For more information about the heating to cooling season transition, call the DPW Operations and Maintenance Division at 526-9241. Building occupants can call in service orders for maintenance and repair, including heating issues, to the contractor at 526-5345. Service orders can be called in seven days a week, 24 hours a day.

CIF Appointments

Soldiers do not have to wait for their clearing papers to schedule their organizational clothing and individual equipment (OCIE) turn in. Soldiers can schedule appointments for turn in 120 days out from PCS/ETS/retirement with a signed memorandum by the Soldier's company commander approving early turn in of OCIE equipment. Without the memorandum, Soldiers can schedule turn in 90 days out from PCS/ETS/retirement with a copy of their orders. To schedule, call the Fort Carson Central Issue Facility (CIF) at 719-526-3321 to speak to a customer service representative.

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Virtual Hiring Fair

A virtual hiring fair takes place May 12 from 11 a.m. to 2 p.m. The fair is open to Defense, Space, IT, Cyber and Intelligence personnel, and a security clearance is required to apply for any jobs. Visit www.transitioncareers.com to RSVP (required) and to upload a resume. For more information about the job fair, email jobseeker@transitioncareers.com.

EACH migrates to MHS GENESIS

Evans Army Community Hospital (EACH) recently migrated to a new Electronic Health Record and Patient Portal under MHS GENESIS April 24. MHS GENESIS is a new, patient-centric enterprise system designed to provide a single, continuous record of care for all DOD beneficiaries. The new MHS GENESIS Patient Portal securely connects a patient with their health care team and empowers them to become the driver of their health care.

Due to the recent transition to a new Electronic Health Record and Patient Portal under MHS GENESIS, providers and patients may experience a short-term increase in wait times, as health care teams adapt to new, standardized workflows. Over time, providers and patients will see increased efficiencies across all health care activities. MHS GENESIS will result in faster and better management of chronic, complex and time-sensitive health conditions; provide automated, real-time clinical decision support for health care teams; and increase patient engagement capabilities that allow patients to communicate directly with providers.

Beneficiaries will be required to create a Premium DS Logon to access health information, schedule appointments, and exchange messages with their care team. To create a DS Logon, visit <https://myaccess.dmdc.osd.mil>. For more information, visit www.health.mil/MHSGENESIS.

DEERS/ID Closure

The Main DEERS/ID Card facility (building 1039) and the location at the Mountain Post Soldier Center (building 1525) will be closed for training from 7 a.m. to 1 p.m. May 20. Services will open at 1 p.m. at both locations that day.

COVID-19 Information

To see the latest information on Fort Carson's measures to prevent the spread of COVID-19 and for frequently asked questions and other information on the pandemic, visit <https://www.carson.army.mil>. To ensure the most current page is viewed, refresh the internet browser by pressing the "Control" and "F5" keys.

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Army Community Service Class Highlights



May 11th 9am-12pm

Sign up for the next
CARE Team Training

By clicking [HERE!](#)

Prepares volunteers to assist and support a Family during a time of tragedy or loss.

Sign up for the next
Cooperative Parenting & Divorce

By clicking [HERE!](#)

Learn how to create a positive parenting partnership, redefine your relationship with your former spouse, manage your anger, take control of conflict, and more!

COOPERATIVE
Parenting
& Divorce



May 11th 9am-1pm

Center on Fathering

New Parent Support Program
Supporting Military Parents & Young Children



Sign up for the next
Center on Fathering

By clicking [HERE!](#)

This class encourages father-child relationships, cultivates bonding attachment, communication, and builds family resiliency.

May 11th 1pm-3pm

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PASS IT ON COMMUNITY NEWSLETTER

Class Highlights



May 12th 10am-11am

Sign up for the next 'Financial Strength Budgeting 101'

By clicking [HERE!](#)

If you are experiencing living paycheck to paycheck and find it difficult to manage your money or in need of a security clearance for your job, please consider attending the virtual basic budgeting class.

Army Community Service

Sign up for the next 'Thrift Savings Plan on May 14th from 9:30am to 10:30am
By clicking [HERE!](#)

Or

Sign up for the next 'Stretching Your Money' on May 14th from 11am to 12pm
By clicking [HERE!](#)

Foundational Readiness Classes for Your Personal Finances



May 14th 9:30am-10:30am
May 14th 11:00am-12:00pm



May 14th 10am-11am

Sign up for the next 'Domestic Violence Prevention Training'

By clicking [HERE!](#)

Meet with other women that have a history with domestic violence in a safe place where all ideas and experiences can be expressed in a judgement free environment.

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Army Community Service Upcoming Classes

DATE	CLASS	TIME
May 6th	<u>Toddler Time</u>	9:30 am - 11 am
	<u>TSP Class</u>	1 pm - 2 pm
	<u>Professional Development Series: LinkedIn Fundamentals</u>	1:30 pm - 2:30 pm
	<u>Latino Meet-Up</u>	2 pm - 4 pm
May 7th	<u>Foundational Readiness Classes for Your Personal Finances: Developing a Spending Plan</u>	9:30 am - 10:30 am
	<u>Play Group</u>	10 am - 12 pm
	<u>Foundational Readiness Classes for Your Personal Finances: Saving and Investing</u>	11 am - 12 pm
	<u>How to Help a Friend</u>	1 pm - 2 pm
May 10th	<u>Nourish and Nurture</u>	10:30 am - 11:30 am
	<u>PREP Personality</u>	11 am - 1 pm
May 11th	<u>CARE Team Training</u>	9 am - 12 pm
	<u>Cooperative Parenting and Divorce Class</u>	9 am - 1 pm
	<u>Infant Massage & Baby Nurturing</u>	9:30 am - 11 am
	<u>Baby Orientation</u>	10 am - 11:30 am
	<u>Domestic Violence Support Group</u>	10 am - 11 am
	<u>Nurturing Families Through Play</u>	10:30 am - 12:30 pm
	<u>Center on Fathering</u>	1 pm - 3 pm
	<u>Employment Readiness Program Employer Spotlight (AAFES)</u>	1 pm - 2 pm
	<u>Heartbeat</u>	6:15 pm - 8 pm
	May 12th	<u>Nurturing Ages 0-5</u>
<u>Financial Strength Budgeting 101</u>		10 am - 11 am
<u>Write a Winning Resume</u>		1:30 pm - 2:30 pm
<u>Nurturing Ages 3-12</u>		5:30 pm - 7:45 pm

Click [HERE](#) to check out the Fort Carson MWR calendar!

Keep up to date with local events and deals with the



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Army Community Service Upcoming Classes

DATE	CLASS	TIME
May 13th	<u>Toddler Time</u>	9:30 am - 11 am
	<u>SFRG Fund Custodian Training</u>	10 am - 11:30 am
	<u>Soldier & Family Readiness Group (SFRG) Key Contact Training</u>	1 pm - 2:30 pm
May 14th	<u>Foundational Readiness Classes for Your Personal Finances: Thrift Savings Plan</u>	9:30 am - 10:30 am
	<u>Domestic Violence Prevention Training</u>	10 am - 11 am
	<u>Play Group</u>	10 am - 12 pm
	<u>Foundational Readiness Classes for Your Personal Finances: Stretching Your Money</u>	11 am - 12 pm
May 17th	<u>Command Family Readiness Representative (CFRR) Academy</u>	9:30 am - 4:30 pm
	<u>PREP: The Danger Signs & Time Outs</u>	11 am - 1 pm
May 18th	<u>Command Family Readiness Representative (CFRR) Academy</u>	9:30 am - 4:30 pm
	<u>Boot Camp for New Moms</u>	9 am - 12 pm
	<u>Everyday English for Foreign Born Spouses</u>	9:30 am - 11:30 am
	<u>Infant Massage & Baby Nurturing</u>	9:30 am - 11 am
	<u>Nurturing Families Through Play</u>	10:30 am - 12:30 pm
	<u>Center on Fathering</u>	1 pm - 3 pm
	<u>Employment Readiness Orientation</u>	1:30 pm - 2:30 pm
May 19th	<u>Nurturing Ages 0-5</u>	9:30 am - 11:45 am
	<u>German Meet-Up</u>	10 am - 12 pm
	<u>You're a Priority: Federal Employment for Military Spouses</u>	1:30 pm - 2:30 pm
	<u>Nurturing Ages 3-12</u>	5:30 pm - 7:45 pm
May 20th	<u>Toddler Time</u>	9:30 am - 11 am
	<u>TSP Class</u>	1 pm - 2 pm
	<u>Latino Meet-Up</u>	2 pm - 4 pm

Click [HERE](#) to check out the Fort Carson MWR calendar!

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**WE KNOW THE SYSTEM.
WE CAN HELP.**

The Exceptional Family Member Program (EFMP) provides comprehensive support to family members with special needs. EFMP takes an all-inclusive approach to coordinate military and civilian community, educational, medical, housing, and personnel services to help Soldiers and their Families with special needs.

Where can I find EFMP Services?

EFMP - For Enrollment/ Updates/ Disenrollment/FMTS

Evans Army Community Hospital (EACH)
1650 Cochrane Circle, Bldg. 7500
(719) 526-7805

EFMP – For Family Support Services

Army Community Service – ACS Annex
1481 Titus Blvd., Bldg. 7492
(719) 526-0400

An Exceptional Family Member is a Family member with any physical, emotional, developmental, or intellectual disorder that requires special treatment, therapy, education, training, or counseling.

Visit our webpage
[HERE!](#)

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Army Community Service delivers classes and programs designed to help Commanders maintain readiness. Soldiers that have created healthy financial habits, strong relationship skills, and have Family members that are knowledgeable about where to go for resources and community information will be more equipped to face the stresses of deployment and general life in the Army. Army Community Service brings classes, briefs and programs to your unit's footprint to meet the needs of Soldiers and their Family members.

Army Community Service

Portable Class Delivery



**Classes on *your time*, in a location of *your choice*,
customized to *your needs*.**

Do you need:

- 1.) examples of ways you can schedule an ACS class or presentation?
- 2.) to learn how to request a class, briefing, or presentation?
- 3.) helpful tips to make your training a success?
- 4.) to view the full portable class schedule and listings?
- 5.) other training ideas for your unit or group, and registration information?

Visit the Portable Class Delivery webpage [HERE](#)

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ACS Employment Readiness Program

Fort Carson Employment Readiness
hosts the **Employer Spotlight**

Live Broadcast with

Army & Air Force Exchange Service

AAFES--the PX



Tuesday, May 11 @ 1:00PM

Join us as we discuss employment opportunities.

FB Live@Fort Carson ACS Employment Readiness



🔴 **EMPLOYER SPOTLIGHT!** 🔴

Featuring Ms. Paloma Aleman, Fort Carson AAFES HR!

She will be joining our

Fort Carson Employment Readiness Program

on 11 May at 1pm to discuss employment opportunities.

If you have questions, please call 719-526-0452

Visit our webpage [**HERE!**](#)

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FORT CARSON EMPLOYMENT READINESS

2021 April - September Workshop Schedule

Professional Development Series

Apr 1st	LinkedIn Fundamentals--9:30 to 10:30 am
Apr 15th	Career Exploration & Assessments--9:30 to 10:30 am
May 6th	LinkedIn Fundamentals--1:30 to 2:30 pm
May 20th	Make Your Mark--1:30 to 2:30 pm
June 3rd	LinkedIn Fundamentals--9:30 to 10:30 am
June 17th	Interview Skills & Techniques--9:30 to 10:30 am
July 1st	LinkedIn Fundamentals--1:30 to 2:30 pm
July 15th	Career Exploration & Assessments--1:30 to 2:30 pm
Aug 5th	LinkedIn Fundamentals--9:30 to 10:30 am
Aug 19th	Make Your Mark--9:30 to 10:30 am
Sept 2nd	LinkedIn Fundamentals--1:30 to 2:30 pm
Sept 16th	Interview Skills & Techniques--1:30 to 2:30 pm

LinkedIn Fundamentals: Learn how to build your professional identity & brand on this platform by understanding its functions and capabilities. Understand how to make connections and develop professional relationships to help your job search. Class participants may schedule an appointment for a FREE head shot.

Career Exploration & Assessments: Discover your interests, likes & dislikes before setting out on your job search. ERP experts can help you to determine which career may be a good fit for you.

Make Your Mark: Learn how to keep up and stand out in today's fast-paced, ever-changing workplace. Grow professionally and experience success by learning how to navigate today's competitive workforce.

Interview Skills & Techniques: Join this interactive workshop to learn what common interview mistakes to avoid. Discuss frequently asked questions, cover tips & trends and learn how to effectively interview for the job.

ERP offers hybrid classes. Select whether you prefer to attend in person or virtually when you register. All class information subject to change.

Register@www.carson.armymwr.com/calendar or call: 719.526.0452

'Like us' on FB and 'Join Us' on LinkedIn@Fort Carson ACS Employment Readiness



ACS Employment Readiness Program

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ACS Employment Readiness Program

Fort Carson Employment Readiness

Summer Workshops

For Teens



Summer Youth Employment Preparation Workshops

Registration is quick and easy just visit: www.carson.armymwr.com/calendar or call: 719.526.0452.

My First Resume & Completing Applications--Part 1 of a 2 Part Series

June 24th--10:00 to 11:30am

If you struggle to put together a solid resume when your work history is spotty or even non-existent, then this is the workshop for you! Learn to write your resume and how to effectively complete job applications (*Recommend participants attend Rock the Interview workshop*). Workshop held at 1517 Ellis Str., Bldg 1201, Rm 101, Fort Carson. Students are welcome to bring their own laptop (BYOL). *For ages 14-18 yrs.*

Crush the Interview--Part 2 of a 2 Part Series

July 22nd--10:00 to 11:00am

Do you have what it takes to rock a job interview? Learn how research and preparation can help you rock the interview and get the job! Participate in mock interviews and group discussion. (*Recommend participants attend My First Resume & Completing Applications*). Workshop held at 1517 Ellis Str., Bldg. 1201, Rm 101, Fort Carson. Students are welcome to bring their own laptop (BYOL). *For ages 14-18 yrs.*

College Prep for Young Adults presented by the Fort Carson Education Center

July 29th--5:00 to 6:00 pm

Understand what it takes to successfully navigate a college lifestyle. Learn the keys to success for a positive college experience. Come prepared to ask questions of the university representatives. Workshop held at the Fort Carson Education Center at 1675 Long Str., Bldg. 1117, Rm 304, Fort Carson. *For ages 16-21 yrs.*

Register@www.carson.armymwr.com/calendar or call: 719.526.0452

'Like us' on FB and 'Join Us' on LinkedIn@Fort Carson ACS Employment Readiness



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cognosante[®]
minds on health



Want to help Veterans and Military Spouses transition their skills into meaningful roles in the civilian workforce? Look no further, we have just the role for you!!

Veteran Outreach Specialist

As a Veteran Outreach Specialist, you would assist in managing the relationships we have with our Veteran Service Organizations (VSO) and help analyze best practices for recruiting, hiring and retaining from our Veteran and Military Spouse population.

Minimum Qualifications:

- Bachelor's Degree or 6 years of equivalent experience can be substituted for education
- Prior military service or current reservist
- Familiar with U.S. Military customs/courtesies
- Strong interpersonal and outreach skills
- Strong organizational and multi-tasking abilities
- Entrepreneurial drive and disciplined initiative
- Source for qualified Veteran and Military Spouse candidates for open positions
- Assists with communication with Cognosante leadership team regarding Hiring Initiatives
- Facilitate marketing and branding strategic initiatives

Preferred Skills:

- Familiar with USERRA and ESGR
- Excels at using quantitative data to drive recommendations and decisions
- Experience with recruiting in the healthcare or federal contracting industries

If this is the role for you, contact Christopher Valdez at christopher.valdez@cognosante.com

Employment Opportunities

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AppleOne

Hiring Made Human®

POSITION: Research Analyst

LOCATION: Torrance, CA (Physically Work Remote Position)

SALARY: \$46,000 per year

OVERVIEW:

Research, analyze, and recommend business opportunities in all levels of government business to all levels within ACTONE Government Solutions. Identify and utilize multiple web sites for research; develop relationships with procurement officials, teaming partners, service providers, manufacturers, distributors, and internal staff to be notified of upcoming opportunities; and maintain bid schedules (including the entire contract life cycle) which includes but not limited to contract inception and renewal dates. Work remotely position and Torrance would be the company system work location.

ESSENTIAL JOB FUNCTION:

- Daily search all (local, state, federal, agency, authorities, etc.) government web sites for new solicitations (via announcements, industry days, sources sought, request for information, request for proposals, etc.).
- Identify, analyze, document and recommend viable opportunities by company capabilities.
- Research various prospecting tools, review demos, test prototypes, perform comparisons, negotiate pricing and make ultimate recommendations.
- Incorporate all systems used to the ACT1 Government process, i.e.: pipeline spreadsheet, dashboard, etc., to accurately report on department performance.
- Create necessary documents, materials, and processes that maximize company objectives and individual performance.
- Partner with RFP Coordinators to facilitate necessary parties (branches, partners, internal and external) for engagement on the solicitation.
- Develop and maintain a list of all contacts, partners, products, costs, and contract renewal dates where appropriate.
- Review and document all incoming Sources Sought, RFI and RFP opportunities.
- Involve necessary parties in getting approval to act on solicitations.
- Develop and maintain an electronic list and system of all viable contracts with contract history and renewal dates.
- Maintain database of incoming, current, and completed proposals.
- Research and complete vendor registrations for government agencies.
- Other duties, as assigned

QUALIFICATIONS:

- Bachelor Degree preferred or equivalent work experience.
- 1-2 years research experience
- Demonstrated experience conducting research on government contract opportunities and/or in government procurement.
- Detail oriented.
- Strong use of the internet for research.
- Strong Word and Excel skills.
- Research skills.
- Strong written and verbal communication skills.
- Proficient in MS Suite; Internet, Scanners, Dell and iPad systems, etc.

Interested? Please contact: Monica Carter at (310)750-3494 ext. 290118 or monicacarter@act-1.com

Employment Opportunities

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FOR MORE INFORMATION
CALL: 719-772-7000

www.veteranscenter.org



MT. CARMEL VETERANS SERVICE CENTER **BACK TO WORK CAMPAIGN**

The global COVID19 pandemic has disrupted and derailed the working lives of so many, to include those within our Colorado Springs military community. Thanks to generous grants provided by USAA, the Daniels Fund and El Paso County, help is here for our veterans, military spouses and service members.

Mt. Carmel VSC is proud to announce the Back to Work Campaign designed to remove barriers to employment by providing:

- Emergency assistance & supportive services to job seekers (i.e. housing, transportation, utilities and food).
- Career enhancing educational and professional certification scholarship opportunities through the Military Community Career Development and the Level Up Scholarship Programs at Mt. Carmel VSC. Open to Transition and Employment (T&E) clients, with racial minorities encouraged to apply per grant objectives.
- Funds to offset job coaching services for active duty service members and military spouses.

If you are or know of an service member, veteran or military spouse who could potentially benefit from the Mt. Carmel Back to Work Campaign, please contact Mt. Carmel Veterans Service Center at (719) 772-7000 or email us at FrontDesksMtCarmelCenter.org.



*Making a difference....
one client at a time.*

Employment Opportunities

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Employment Opportunities



Join our Covid-19 Vaccine Support Team!

Help Us Lead the Effort to End the Pandemic.

CVS Health is helping America on its path forward by playing a prominent role in administering COVID-19 vaccinations nationwide. Apply today for Pharmacist, Pharmacy Technician and Nurse openings on our Covid-19 Vaccine Support Team!

To help us with this very important mission, view all roles at cvs.jobs/C19 or text **CVSJobs2021** to 25000.



CVSHealth.

Military and Family Life Counseling (MFLC)

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MILITARY & FAMILY LIFE COUNSELING

If you wish to speak to an MFLC other than your identified MFLC, please call 719-526-4590 for assistance.

To speak to a Child and Youth Behavioral MFLC, please call Parent Central Services at 719-526-1101.

Military & Family Life Counseling

Need to talk?
Military & Family Life Counselors are here to provide help with the stress of military life at no cost.
Call an MFLC at (719) 526-4590

www.carson.army.mil/acs



Visit our webpage [HERE!](#)

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Mountain Post Spouses' Club



www.mpsc.us

**Mountain
Post
Spouses'
Club**

Supporting Soldiers,
Spouses and Dependents

— Since 1960 —

The Mountain Post Spouses' Club is an all ranks spouses group on Fort Carson dedicated to giving back to Soldiers and their families.

Membership is open to all spouses of the Armed Forces, both active and retired.

Visit
www.MPSC.us
to learn more!

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[Army Community Service](#)

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[Tickets \(Leisure Travel Services\)](#)

[U.S. Air Force Academy MWR](#)

[United Service Organizations \(USO\)](#)



Published in the interest of the Fort Carson Community. Visit the Fort Carson website at <http://www.carson.army.mil>.



HOTLINKS

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GET HELP BUYING FOOD FOR YOUR FAMILY

Did you know benefits could be available to you? The Supplemental Nutrition Assistance Program (SNAP) is an on-going monthly food benefit that helps Colorado families to afford healthy food when budgets are tight. SNAP gives you options--you can choose where to shop and what to buy. These benefits are for you!

SNAP is For You

SNAP is available for all eligible families. You can receive SNAP benefits if you have limited income or high living expenses. If you are an immigrant, receiving SNAP for eligible children (such as US Citizen kids) does not impact public charge. Visit KeepYourBenefits.org for more information about immigration and benefits.

Many Coloradoans use SNAP. There is enough for all who are eligible--it's just waiting for you to use it!



Fill out a SNAP application

You can apply online for SNAP benefits using the Colorado PEAK website colorado.gov/PEAK or on your smartphone using the MyCOBenefits app. You can download the app from the Apple or Android app store.

If your family qualifies for SNAP, you might also qualify for Pandemic EBT (additional funds for groceries to support children) this year! Learn more at cdhs.colorado.gov/p-ebt

Additional Pandemic Resources

Food pantries and other programs (like WIC) offer free food, meals, nutrition support, and more. Visit Hunger Free Colorado's COFoodFinder.org to learn more!

Right now, a family of 3 can be eligible to receive up to \$616 per month!

Food Resources

This institution is an equal opportunity provider. This project has been funded at least in part with Federal funds from the U.S. Department of Agriculture. The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.



COLORADO
Department of Human Services

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Food Resources

About CommUNITY Pantry

Solid Rock Community Development Corp's Food Pantry's goal is to assist in alleviating hunger in SE Colorado Springs by collecting food for distribution through a network of service agencies (Care and Share, Colorado Food Rescue, COSILove YOU and Harrison School District 2) that will support our efforts. The location of SRCDC food pantry will be at Mission Trace Shopping Center.



Weekly Food Pantry Pickups
EVERY TUESDAY, 2PM - 4PM
Mission Trace Shopping Center
3219 South Academy Boulevard Colorado Springs, CO 80916

Monthly Drive Thru / Walk Up
2ND FRIDAYS, 3:30PM - 6PM
Mission Trace Shopping Center
3219 South Academy Boulevard Colorado Springs, CO 80916

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Food Resources

FALCON ZONE **MOBILE MARKET**

**FREE TO ALL FAMILIES &
COMMUNITY MEMBERS
TUESDAY APRIL 27TH**

**FROM 1:30-3:30 PM
FIELD BEHIND FALCON ELEMENTARY
SCHOOL FROM SWINGLINE DRIVE**

THE MOBILE MARKET ALLOWS FOR FAMILIES TO SHOP FOR WHAT THEY NEED INSTEAD OF PICKING UP A PRE-PACKAGED BOX. ITEMS ARE FIRST COME/FIRST SERVE

Keep up to date with local events and deals with the



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CARE CENTER

at Pikes Peak Christian Church

Food Pantry hours

Mon – Wed 10-12pm / 1-4pm

Fri 9-12pm

We have Rent & Utilities Assistance for the next

Zip Codes 80817, 80911, 80916, 80925 & 80926 by appointment only.

Employment Coaching By Appointment only Wed 5:30 & 6:30 and Thurs 5:30 & 6:30Pm

4955 Bradley Rd

Colorado Springs CO 80911

CareCenter@yes2God.org

(719) 392-8855

Food Resources

Keep up to date with local events and deals with the



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Food Resources



 Catholic Charities
of Central Colorado
Marian House
Marketplace

FOOD INSECURITY?

**We are
here to
help**

Our pantry offers fresh,
frozen and shelf-stable
healthy foods for families and
individuals in crisis

Catholic Charities of Central Colorado has expanded its services to offer monthly shopping in their Marketplace Pantry for a variety of healthy foods to cook at home.

To register or schedule an appointment call 719.866.6288 or email pantry@ccharitiescc.org.

Check out their Facebook page at:

Catholic Charities of Central Colorado

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NURTURE THE LIVING CARE FOR THE WOUNDED AND HONOR THE FALLEN

Fort Carson & 4th Infantry Division

**Chaplain Hotline
(719) 387-1574**

**A Chaplain is available to you
24 hours a day 7 days a week**

**Chaplains have complete confidentiality
and are here to assist you**



U.S. ARMY CHAPLAIN CORPS
CARING FOR THE SOUL OF THE ARMY



Facebook.com/4IDCarsonRSO

Religious News and Services

Keep up to date with local events and deals with the



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Heroes' Legacy Scholarship

College scholarships for children of service members who've died or become seriously injured in the line of duty since 9/11.

Click [HERE](#) For More Information



Military Spouses

Scholarship funds can be used towards degrees, certifications, licensure, clinical supervision for mental health licensure, CEUs, business expenses and more!

Click [HERE](#) For More Information



Search for Scholarships

Find even more scholarships available for children and spouses of military (active, reserve, retired) and veterans.

Click [HERE](#) For More Information

Keep up to date with local events and deals with the



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MILITARY *families* MAGAZINE

Click [HERE](#) for 35+ Scholarships for Military Spouses and Military Kids

Military Family Member Scholarship Opportunities

Click below to learn more!

Nationwide Surviving Spouse and Dependent Children Scholarship Program

Marine Gunnery Sergeant John D. Fry Scholarship

Fisher House Foundation Scholarship Program

No Angel Left Behind

Freedom Alliance

Scholarship News and Information

Keep up to date with local events and deals with the



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GROUP EXERCISE SCHEDULE **MAY 2021**

ALL classes are \$3 each Credit card Preferred for payment and 45-55 minutes long. Monthly passes are available for \$45 each. Holiday weekend Please refer to the MWR Website



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
0500							
0630	PT Cycle* IVY	PT TRX* IVY	PT Cycle* IVY	PT TRX* IVY	Tactical Training*IVY		
		Tactical Training*IVY		Tactical Training*IVY			
0645	PT Yoga*Waller	PT Cycle* Waller	PT Yoga* Waller	PT Cycle* Waller			
0800	SRU PT*	SRU PT*	SRU PT*	SRU PT*	SRU PT*		
0900		HITT Family Fitness		HITT Family Fitness			
1000		TRX Training	Core Blast	TRX Training	TRX Training	TRX Training (30 Orientation)	
1145	Crossfit Waller		Crossfit Waller		Crossfit Waller		
1215						Cycle&CoreWaller 2nd & 4th Saturday	
1330			Behavioral Health Yoga*				
1700				Total body HITT			
1715	Cycle&CoreWaller	Crossfit Waller	Cycle&CoreWaller	Crossfit Waller			
1730							
1830							

Please note:
 Credit card is the ONLY payment option
 Masks MUST BE WORN during class.
 10 people max in each class.
 Make sure you practice social distancing
 Please make sure to sanitize all equipment used in class.

SPRING 2021 SCHEDULE

IVY POOL 719-526-4093

EFFECTIVE 15 April 2021

Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Lap Swim Capacity 12	0500-0600	0500-0600	0500-0600	0500-0600	0500-0600		
Active Duty Only Lap Swim Capacity 12	0600-0800	0600-0900	0600-0800	0600-0900	0600-0800		
Soldier Recovery Unit	0800-0900		0800-0900		0800-0900		
Lap Swim 3 per lane Capacity 12	0900-2000	0900-1800	0900-2000	0900-1800	0900-1800	0600-1100 1600-1800	0600-1100 1600-1800
Family Pool Capacity 25	0900-1700	0900-2000	0900-1700	0900-2000	0900-2000	0800-1800	0800-1800
Diving Boards	1300-1700	1300-2000	1300-1700	1300-2000	1300-2000	1000-1800	1000-1800
Open Swim 1 lane Available Capacity 50		1800-2000		1800-2000	1800-2000	1100-1600	1100-1600
Swim Lessons	1700-1900		1700-1900				

DIVING WELL USE IS RESTRICTED TO DESIGNATED DIVING BOARD TIMES AND ORGANIZED MILITARY TRAINING BY RESERVATION ONLY. PLEASE CONTACT THE IVY POOL FRONT DESK FOR MORE INFORMATION ON TYPES OF TRAINING ALLOWED AT THIS TIME.

Children 12 and under must be able to pass the swim test or meet the height requirement to be in the water without a parent

Ivy Pool hours are subject to change on Federal and Training Holidays

Keep up to date with local events and deals with the



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UNIVERSITY OF MARYLAND
GLOBAL CAMPUS

NEW STUDENT OPEN HOUSE AT Fort Carson

You want an education from a university that gets you. We will work with you as you reach your goals. Join us for a special no-cost event to help you get there.



You're invited to learn about earning a degree or certificate. Stop by UMGC at the Fort Carson Education Center for information:

- // Meet with a UMGC Advisor and get hands-on assistance with your application for admission
- // Explore our 90+ degrees, specializations, and certificates, many in today's most in-demand fields
- // Find out about military TA, Veteran's benefits, financial aid and other options to make your education affordable
- // Learn how you can fast-track your degree with transfer credits for your prior college coursework and professional, military, and volunteer experience

Apply for admission to UMGC and have the \$50 application fee waived.

New Student Open House

Every Friday
9:00 am - 4:00 pm

Contact Us

UMGC Fort Carson
BLDG 1117 Rm. 105 & 106
Fort Carson, CO 80913
Phone: (719) 313-6411 or
Phone: (719) 246-3952
baseadvisor@umgc.edu

MADE FOR YOU

University of Maryland Global Campus

umgc.edu

Fort Carson Army Education Center

Keep up to date with local events and deals with the



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Fort Carson Army Education Center

UCCS Fort Carson

University of Colorado
Colorado Springs

WRITING WORKSHOP

with UCCS Adaptive Leadership Coordinator,
Sarah Fillman



*College Level Writing Tips
Scholarship/Grant Writing
Time Management Skills*



Scan QR code to register



Every 2nd Wednesday of the month

4:30pm-6:00pm

Ft. Carson Education Center

OPEN TO ALL MILITARY AND FAMILIES
WALK-INS WELCOME

Keep up to date with local events and deals with the



PASS IT ON COMMUNITY NEWSLETTER

Fort Carson Army Substance Abuse Program

Concerned about your Alcohol use?

Speaking up and asking for help with alcohol use concerns is a sign of strength.



AVOID DAMAGING YOUR CAREER

Discuss alcohol use concerns before you get an alcohol-related incident or DUI charge.



KEEP YOUR RELATIONSHIPS STRONG

If alcohol is impacting you, speak up early.



MAINTAIN READINESS

The DoD and your Service branch have resources to keep you on-duty and mission ready.

Learn more about responsible drinking and how to get help.

ownyourlimits.org/get-help

OWN YOUR LIMITS

SERVE HONORABLY. DRINK RESPONSIBLY.

Contact Us: dha.nci.comn.mbx.drink-responsibly@mail.mil



**On Fort Carson, you can reach out to the Substance Use Disorder Clinical Care (SUDCC) team for help.
719 – 526 – 7663 / 4585**

Contact ASAP at 719 – 526 – 2727 for Education and Prevention support



Keep up to date with local events and deals with the



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Safe Exchange Location



Child Custody Exchange
Online Purchase Exchange

The Fort Carson Police/Provost Marshal Division offers an Exchange Zone. The Exchange Zone is for The Fort Carson community to conduct child custody exchanges or exchange items which have been bought or sold online.

The parking areas in front of the building (main entrance) are under 24 hour camera surveillance. If you would like to use an indoor location due to weather or other factors, please speak with the Desk Sergeant inside the main doors.

Fort Carson Police
7227 Christie Street (BLDG 2700)
Fort Carson, Co 80913
Desk Sergeant: (719) 526-6199

Safe Exchange Location



Keep up to date with local events and deals with the



PASS IT ON COMMUNITY NEWSLETTER

Fort Carson Military Family Camp



Military Family Camp at Young Life's Trail West

All camping opportunities are
subject to COVID protocols/
restrictions at time of camp.



What: **Military Family Camp.** Does your Family like adventure, laughter and fun – or just need a break from the daily stresses of life? **Then join us this summer at Military Family Camp at Young Life's Trail West** Offering horseback riding, pony rides, ropes course, swimming pool, water slide, hot tub, trout pond, tennis courts (rackets and balls available), basketball, sand volleyball, Frisbee golf course, playground, 4x4 jeep tours & White Water Rafting, this is a perfect setting to relax and connect with your Family.

Childcare is available on site during scheduled Family activities.

Who: Approx. 105 Active Duty Service Members & their Families. Please note: Single parent Families and Families with a deployed spouse are invited to participate as well.

When: 30 May-5 June, 6-12 June, and 13-19 June, 2021 (**Online applications available beginning 15 February, 2021**)

Where: Buena Vista, CO (Transportation to/ from the camp is a Family responsibility)

Why: To allow Service Members and their Families to spend quality time together, laugh a lot, and be restored.

How Much: In order to thank our Service members and their Families, the discounted fee below will be available to the Families selected to attend. This fee covers all meals, activities and lodging for the Family for the week. The registration fee is based on rank:

Note: Young Life is a Christian organization, but that is not a requirement to attend. There will be a nightly program with a short message and sing-a-long songs, as well as all the numerous recreational activities.

To apply go to:

www.militaryfamilycamp.younglife.org

For more information, e-mail

mfc@clubbeyond.org

The information that appears in this flyer is intended to inform Soldiers of special offers provided to them and their families and is not intended to constitute an endorsement by Ft. Carson, the United States Army or the Department of Defense. It is strictly intended to be used for informational purposes only.



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TAPS
Tragedy Assistance Program for Survivors

Tragedy Assistance Program for Survivors

TAPS invites those currently serving in the military, veterans, and military survivors to volunteer as a mentor for the Mountain Regional Military Survivor Seminar and Good Grief Camp. The world changes for a grieving child when someone is there for them — and that's where you come in.

In the Good Grief Camp, children and teens grieving the loss of a loved one who served in the military come together from all over the region to create lasting friendships, learn coping skills, build resiliency, and honor their fallen service member.

Children learn through active play, and the curriculum is designed to meet each child where they are in their grief journey. The one-on-one attention give each child the companionship and support needed to feel comfortable connecting with others and engaging in activities. You'll definitely create lasting memories and feel pride in yourself for the work you've done.

For more information and to register, please visit www.taps.org/militarymentor or email youthprograms@taps.org with any questions or concerns.



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Fort Carson and the Surrounding Community

FREE TUITION PRESCHOOL

FOR AGES 0-5



VARIETY OF CLASS TIMES



SAFE QUALITY PROGRAMS



65 LOCATIONS



Colorado Preschool Program | Head Start | Early Head Start

SUCCESS STARTS EARLY
CALL TODAY
ENROLLING YEAR-ROUND

719-635-1536 | cpcdheadstart.org



If you'd like to learn more about Colorado Preschool Program | Head Start | Early Head Start

[Click HERE!](#)



DID YOU KNOW?

WE ARE ON INSTAGRAM

Follow us @cpcdhs

Keep up to date with local events and deals with the



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Fort Carson and the Surrounding Community

EFMP THRIVE

&

THE RESOURCE EXCHANGE
PRESENTS

MEDICAID WAIVER WORKSHOP:

**ELIGIBILITY, APPLICATION,
QUESTIONS AND ANSWERS...**

ALL EFMP FAMILIES WELCOME

MAY 6TH, 2021

11:00AM - 12:30PM

135 DOVER STREET, BLDG 350, RM 1203
COLORADO SPRINGS, CO 80914

To Register call:

719-556-6141



EFMP

Exceptional
Family Member
Program



Open to all DoD/Govt ID Card Holders enrolled into any branch of EFMP

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FREE Movies on the Field

All movies will start at dusk on the RED field at Widefield Parks & Recreation.



The big screen on the infield of Red will be viewable for all spectators in the outfield. Participant groups will have designated spaces that are appropriately distanced apart and are encouraged to remain in their area for the duration of the show. Capacity limitations set by El Paso County will be followed. Food trucks and restrooms will be available onsite.

FRIDAY FAMILY MOVIES

- May 21 - Onward
- June 4 - The Croods: New Ice Age
- July 9 - Sonic the Hedgehog
- August 20 - Tom & Jerry



THROWBACK THURSDAY DATE NIGHT MOVIES

- June 24 - Grease
- July 22 - A League of Their Own



WIDEFIELD PARKS & RECREATION

ParksAndRec.wsd3.org ~ (719)391-3515

705 Aspen Drive, 80911



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Fort Carson and the Surrounding Community



YARD SALE

EVERY 1ST & 3RD SATURDAY
MAY THROUGH DECEMBER

May 1 & 15

Sep 4 & 18

Jun 5 & 19

Oct 2 & 16

Jul 3 & 17

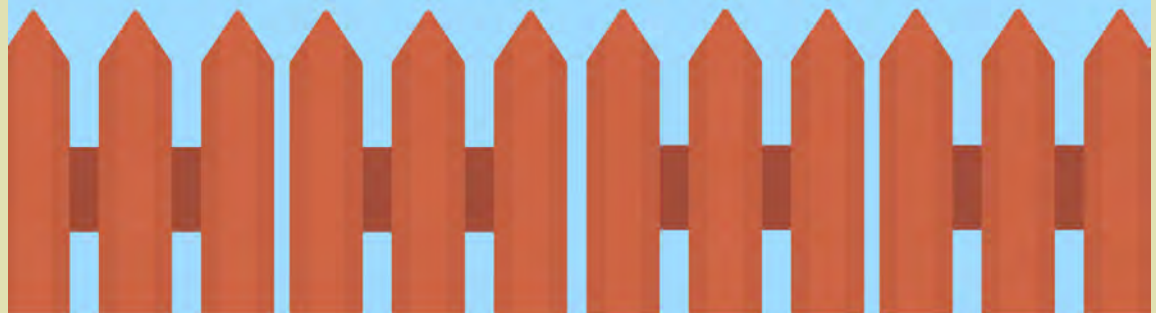
Nov 6 & 20

Aug 7 & 21

Dec 4 & 18

You may not post signs to any fixed structure. If you place yard signs in the community they must be removed next day.

-Must follow current Covid-19 guidelines-



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2021 Retirement Series



The PPACG Area Agency on Aging and Ent Credit Union Retirement series provides soon-to-be retirees the knowledge and tools that they need to get a “jump start” on their future.

~~April 26 @ 4:00 PM~~

~~Estate Planning~~

~~Wills, living wills, medical and financial powers of attorney.~~

~~May 3 @ 4:00 PM~~

~~Retire by Design~~

~~How do you choose to age and ultimately retire?~~

May 10 @ 4:00 PM

Medicare 101

Basics of Medicare

May 17 @ 4:00 PM

Meaning and Purpose

Defining what you want in your retirement.

May 24 @ 4:00 PM

Social Security 101

An overview of how Social Security works in retirement



Classes are provided at no cost
Registration Required
[PPACG.org/events](https://ppacg.org/events)

Fort Carson and the Surrounding Community

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RE-CREATION ENCORE!

#singthecentury

THE MUSIC:
The Turn of the Century,
Swing, Big Band, Motown,
Rock 'N Roll, Pop,
Disco, Country and more!
**A Fantastic, Dazzling Patriotic
Finale Sure to Inspire!**

THE MAGIC:
Vibrant Vocal Blend!
Gorgeous, Lavish Costumes!
Creative Choreography!
Exceptional Variety!
11,000 shows in all 50 States!
Professional National Tour for over 45 years!

THE MISSION:
Founded in 1976! National Reach to Vets Homes & Hospitals!
Each Veterans Show...a Gift!
Each Re-Creation Cast Member...a Volunteer!
Remarkable Young Entertainers who travel our nation in service

Monday, May 10, 2021 7:00 PM Mountain Time
Live stream on: **YouTube**

Search Re-Creation USA 30 minutes before the show!

RE-CREATION TOURS FOR VETERANS
WWW.RE-CREATIONUSA.ORG

Hosted by:
COLORADO ELKS ASSOCIATION - VETERAN SERVICES TEAM

Colorado Elks Association

ELKS CARE. ELKS SHARE.

Family Wellness Event

At Fort Carson Commissary

14 MAY (Friday)

1000-1400

Health Promotion Table Attendees:

- 1- El Paso County WIC and Public Health Nursing will be there with WIC education and registration opportunities.
- 2- Army Community Service will be there to present information about their network of services.
- 3- Army Wellness Center will be there with their nutrition team to assist with reading food labels and commissary tours.

Keep up to date with local events and deals with the



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Proudly Sponsored By:



Aspen Teen Club

Location:

Widefield Parks & Rec - AP Room
705 Aspen Drive, 80911

Dates:

Mondays - Thursdays, February 1 - May 14
(NO club on February 15 & March 22 - 25)

Times:

Daily from 2 - 3:30pm

▶▶▶



FREE!

- Snacks & Drinks
- Games & Books
- Chromebooks & Wi-Fi
- Crafts & Coloring
- Sports Equipment

Sign up for the days you want to come at:

<https://signup.com/go/xJwdUUK>



Security Public Library
securitypubliclibrary.org | 719-391-3196

Widefield Parks & Recreation
ParksAndRec.wsd3.org | 719-391-3515



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12:00 PM (noon)

1st Tuesday of each month
(Zoom call)

for Teller, Fremont & Park County Veterans

The Veteran Support Group is designed to allow veterans the opportunity to share ideas and thoughts in common goal barriers in collaboration and support of each other. Topics can range from PTSD to everyday living in a civilian community. Our peer support group will focus on helping veterans and their families manage the stresses they share. Group interaction encourages vets of all ages and eras to learn to access policies they may find useful in easing transitions.

Please contact Brock Ernst for more information, to RSVP for Zoom and/or to request accessibility accommodations at 719-660-0528 or bernst@the-ic.org.

Main Office: 729 South Tejon St. Colorado Springs, CO 80903 | theindependencecenter.org
719-471-8181 | Video Phone for the Deaf 719-358-2513

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I know you wipe some away,
But these prints were made to stay.
So keep them forever, a treasure they'll be.
A special 'I LOVE YOU' for you from me.

Mother's Day craft available in Grant Library, "Fingerprint Heart Poem Keepsake". Call them to reserve a kit at (719)526-2842 or stop by to get one . They are now back to normal hours, Tuesday-Saturday 9am- 5pm.

*crafts are available while supplies last

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Fort Carson and the Surrounding Community



2021 Annual Resource Fair for Individuals with Disabilities

Now is the opportunity to have your questions answered!!

Agencies, businesses, and providers are coming together to provide information on services and programming for individuals with all types of disabilities.

Event Sponsored by the Pikes Peak Interagency Transition Team

Saturday, May 8th, 2021

12:00-2:00 pm

Calvary Baptist Church

1712 S. Corona Ave.

Colorado Springs, CO 80905

We will be having a Raffle

giveaway for all attendees.

This will be a spaced out, outdoor event to ensure safety of all participants

Light refreshments will be provided in swag bags

Free Event Parking



Keep up to date with local events and deals with the



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Open Bible Medical Clinic & Pharmacy



CLINIC & PHARMACY

A Ministry of Healing and Hope.

"Open Bible Medical Clinic and Pharmacy is a Christian based non-profit run by volunteer Medical providers, Pharmacists, and administrative professionals. We exist to show & share the love of Jesus by providing free access to medical care and life saving medications to the uninsured, low income adults in the Pikes Peak Region."

We provide free medical care and prescriptions for the uninsured.

We can help!

We provide:

- † Primary Care Visits/Lab and X-ray Services
- † Referral to other community resources
- † Free Pharmacy
- † Specialty Referral Services
- † Spiritual Health Services

Call for an **appointment** or stop by to see if you qualify and get registered as a patient.

We serve residents of the Pikes Peak Region who earn up to 200% of government poverty level guidelines and are uninsured. We also dispense medications in our pharmacy with a valid prescription from an accredited physician.

Patients can receive these services for up to one year. There is an annual registration fee of \$15 for individuals and \$25 per family.

Please feel free to share with friends or family members, we love referrals!

Located at:
555 E. Costilla Street
Colorado Springs, CO 80903

Clinic & Pharmacy Hours:
Tuesday: 5:00 pm - 9:00 pm
Thursday: 10:00 am - 2:00 pm
Saturday: 9:00 am - 1:00 pm*
*Pharmacy Only

Contact us to get registered at:
Free Medical Clinic
Phone: 719-475-0972
Fax: 719-574-6686

Community Pharmacy
Phone: 719-596-4449

Visit our website:
www.openbiblemedical.org

"And when the men of that place recognized Jesus, they sent word to all surrounding country. People brought all their sick to him to let the sick just touch the edge of his cloak, and all who touched him were healed"
Matthew 14:35-36

Keep up to date with local events and deals with the



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Fort Carson and the Surrounding Community



2021 SCHEDULE

FREE LEGAL SELF-HELP CLINIC

FOR PARTIES WITHOUT AN ATTORNEY
Generously hosted by your FOUNTAIN LIBRARY and
your PIKES PEAK LIBRARY DISTRICT

FIRST MONDAY OF EVERY MONTH

**FREE CLINIC IS OPEN
TO ALL AREA RESIDENTS!!**

3:30 PM – 5:00 PM

Fountain Library, Pikes Peak library District
230 S Main St, Fountain, CO 80817

- January 4, 2021
- February 1, 2021
- March 1, 2021
- April 5, 2021
- May 3, 2021
- June 7, 2021

- No July Clinic (July 4th Holiday)*
- August 2, 2021**
- No September Clinic (Labor Day)*
- October 4, 2021**
- November 1, 2021**
- December 6, 2021**

**Volunteer attorneys will assist each clinic patron individually
To be added to the sign-up sheet,
please call (719) 531- 6333 ext 6058**

A **FREE** legal clinic for parties who have no attorney. As a COVID work-around, instead of clinic patrons coming in-person to your local public library (*which has limited access*), the volunteer attorney will call the clinic patron's telephone directly, using the phone number provided to your library staff. Volunteer attorneys will answer questions, help fill out forms, and explain the process and procedure for civil legal issues, including family law, civil litigation, property law, probate law, collections, appeals, landlord-tenant law, veteran's benefits, and civil protection orders.

The volunteer attorneys do not represent you just because they help you at this clinic. This clinic is information only, and is no substitute for legal representation. You have the right to retain an attorney of your choice at any time, and are advised to do so.

If possible, patrons are encouraged to have their desktop, laptop, or tablet available during the call.
www.checkerboard.co for one-click access to all forms, statutes, videos, instructions & flowcharts

Keep up to date with local events and deals with the



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CLUB BEYOND AT FORT CARSON



"Where Military Teens Belong"

Club
Beyond.



Club Beyond is an authorized program for middle school students at Fort Carson to experience community and grow in faith. Club combines **FUN, FRIENDS, GAMES, COMPETITIONS, PRIZES, VIDEOS, MUSIC, FOOD**
AND DID WE MENTION FUN?!!

In addition to regular Club meetings on post, we have occasional other events like bowling, putt putt golf, camps and more.

Any and every middle school student is welcome to come!

Club Beyond follows all current COVID guidelines and restrictions.

For information on the schedule of meetings and events, contact Will Sanborn at wsanborn@clubbeyond.org or 402-910-1826.

CLUB BEYOND IS A RECOGNIZED NON-FEDERAL ENTITY AND IT IS NOT PART OF THE DEPARTMENT OF DEFENSE AND HAS NO GOVERNMENTAL STATUS.

APPROVED BY THE GARRISON CHAPLAIN

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Fort Carson and the Surrounding Community



Since 1994
COLORADO SPRINGS
CONSERVATORY
CULTIVATING YOUNG PERFORMING ARTISTS

CITIZEN SOLDIER CONNECTION



CITIZEN SOLDIER CONNECTION IS PARTNERING WITH THE COLORADO SPRINGS CONSERVATORY TO OFFER FREE MUSIC CLASSES FOR THE MILITARY!

THANKS TO OUR FRIENDS AT CITIZEN SOLDIER CONNECTION, COLORADO SPRINGS CONSERVATORY IS VERY PLEASED TO OFFER A PACKAGE OF FOUR PRIVATE/SEMI PRIVATE HALF HOUR MUSIC LESSONS TO SOLDIERS AND THEIR FAMILIES. LESSONS ARE AVAILABLE IN VOICE, PIANO, GUITAR, DRUMS, VIOLIN, RECORDING ARTS AND OTHER INSTRUMENTS.

THE SPRING SEMESTER BEGINS JANUARY 18 AND RUNS THROUGH MAY 1 AND CLASSES MAY BE IN PERSON AT THE CONSERVATORY OR ON-LINE (EXCEPT FOR RECORDING ARTS). CONTACT COLORADO SPRINGS CONSERVATORY TODAY AND BEGIN THE NEW YEAR WITH A GIFT OF MUSIC FROM CITIZEN SOLDIER CONNECTION.

THIS PROGRAM IS AVAILABLE FOR ACTIVE DUTY MILITARY, VETERANS, THEIR SPOUSES AND CHILDREN OVER 12.

FOR FURTHER INFORMATION AND REGISTRATION PLEASE CONTACT EMILY NELSON: ENELSON@CSCONSERVATORY.ORG

**COLORADO SPRINGS CONSERVATORY
415 SOUTH SAHWATCH ST. COLORADO SPRINGS CO 80903**

719-577-4556 | CSCONSERVATORY.ORG

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Fort Carson and the Surrounding Community

PARENTING RESOURCES



LENA START

FREE LENA Start classes can help you make a difference in your baby's life just through early talk and interaction! Join the ten week program to help your child build language skills. Participants will receive free books and incentives. To learn more contact mfellers@ppld.org or visit us at ppld.org/LENASStart.



PRENATAL SESSIONS

Join Pikes Peak Library District, Nurse Family Partnership, and local organizations to help guide you through your pregnancy. This six-week series will be repeated quarterly. To learn more contact mfellers@ppld.org or visit us at ppld.org/whats-new/prenatal-series.



PARENTING LITTLE ONES

Have questions about parenting little ones? Join PPLD's Family Place Libraries and community professionals in the field of child development, nutrition, speech/language, and more to have all your questions answered. Learn about these resources at ppld.org/ParentingQandA.

Looking for additional resources? Check out our LibGuide!
tinyurl.com/PPLDParentingResources

